

## NEWSLETTER

April 2016

### May Day Appeal 2016

This May, Gloucestershire Homes for Veterans needs you! If you can spare just an hour or two to help with one of our collections organised across the county we would love to hear from you. From supermarkets and garden centres to Gloucester city centre there are plenty of dates to choose from and, most importantly, all the money we raise across these events will make a real difference to supporting the journey back to a fulfilling life for our Gloucestershire veterans.

Alternatively do you know any local businesses who would like to adopt one of our lovely green collection tins? We would love to raise awareness of our home across Gloucestershire and every tin, collection and social media post helps! You can find us on Facebook as Gloucestershire Homes for Veterans or on Twitter as @Jen\_H4V.



### Gloucestershire Veterans Return to Korea

Here at Imjin House we are enjoying following the progress of the group of Korean Veterans from the Gloucestershire Regiment as they make the long journey back to South Korea to commemorate the 65th anniversary of the Battle of Imjin Bridge. A replica of the Carne Cross will be given to the Korean museum as a symbolic piece of Gloucestershire to remain in the country. It's a fascinating slice of history highlighting the perseverance of the Gloucestershire Regiment in captivity.



### Cumbrian Challenge 2016

If you have spotted a team of determined joggers around Longlevens it may well be our guys from Imjin House. On May 13th Steve, John and Paul from the Gloucester home will head up to Cumbria to join to veterans from our North Wales home to take on Walking With the Wounded's Cumbrian Challenge. Over 150 teams are taking part this year and the lads have set their sights firmly on coming no less than first!

As well as a great fundraising opportunity the Challenge offers much more than that and fits in exceptionally well with the ethos of Gloucestershire Homes for Veterans. To complete the grueling trek across the Lake District the guys will need to dig deep, work as a team and pursue their goals in the face of any obstacles.



The team will be supported over the weekend by our Gloucestershire Team Leader, Neil Hunt and our fantastic Employment Mentor, Tony Lovegrove. For Neil, the Challenge is much more than a brisk jog across the hills; "The Cumbrian Challenge is a goal that gives the residents focus and a sense of achievement. It assists with personal goals including organisation of training, health and well being, sense of achievement, pride and factors that have been lacking in some lives due to set backs. All the above undoubtedly supports the residents in future challenges they may face when, not if, they move on to a more fulfilling life and employment."

We would love to raise as much sponsorship as possible to help more veterans climb their own personal mountains. All money donated will be shared between ourselves in Gloucestershire and Walking With the Wounded. Your support can make a huge difference in helping a veteran gain back their independence and self-esteem. <http://uk.virginmoneygiving.com/team/AlabareHomelessVeterans>. Massive thanks to Jude Gilchrist for photography again!

Questions or comments? Email [j.griffiths@alabare.co.uk](mailto:j.griffiths@alabare.co.uk) or call 07500 303639

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Riverside House, 2 Watt Road, Salisbury SP2 7UD. Tel. 01722 322882 [www.alabare.co.uk](http://www.alabare.co.uk)

